

Preschool Boost Service Catalogue

Thank you for the opportunity to collaborate with your centre. At Early Start Australia, we share your commitment to building educator capability, fostering inclusion, and improving children’s learning and development. These goals are at the heart of *Preschool Boost*, which seeks to strengthen access to high-quality preschool experiences for all children. This vision aligns closely with our mission: delivering evidence-informed early intervention services and programs that support children, their families, and the educators who nurture them.

The support packages outlined below are designed for those who work within (staff members and educators) or access (children and caregivers) an early education and care setting. Each offering can (and should!) be tailored to meet your centre’s unique needs and priorities.

We recognise the guidance provided by the Government of South Australia’s Office for Early Childhood Development (OECDE) in planning, documenting, and assessing children’s learning and development, and in fostering strong partnerships with families and schools. The *Preschool Boost* priority areas—culturally safe, inclusive, and responsive programs; embedding Aboriginal and Torres Strait Islander perspectives; equity and access for all; physical health and wellbeing; social competence; emotional maturity; language and cognitive skills; and communication and general knowledge—reflect shared, demonstrated and longstanding value systems. Our services on the Preschool Boost menu align with the Australian Early Development Census (AEDC) domains.

Our dynamic clinical team is experienced in supporting these developmental domains and working with educators to embed inclusive, trauma-informed, and culturally responsive practices, ultimately enabling every child to participate meaningfully in all that preschool has to offer.

We look forward to partnering with you to design solutions that meet your centre’s needs and strengthen outcomes for children and families, ensuring every child is supported to thrive in the way which is most meaningful to them.

Primary AEDC Domains	
Physical Health and Wellbeing	
Social Competence	
Emotional Maturity	
Language and Cognitive Skills	
Communication Skills and General Knowledge	

Key Contacts

Early Start Australia – Customer Care Team

P: 1300 372 439

E: careteam@earlystartaustralia.com.au

Early Start Australia – Hindmarsh

Eleanor Beinke

P: 08 8346 4580

E: hindmarsh@earlystartaustralia.com.au

Early Start Australia – Seaford

Adele Barrett

P: 08 8186 6188

E: christiesbeach@earlystartaustralia.com.au

Early Start Australia – Westbourne Park

Lauren Aspinall

P: 08 8911 0041

E: westbournepark@earlystartaustralia.com.au

Services Available

Professional Development Sessions (for educators) <i>on-site or online</i>	A flexible, interactive learning experience led by a qualified allied health professional, designed to deepen educators' understanding of a key developmental area. Each session combines evidence-based insights with practical strategies that can be immediately applied in early learning environments. Educators will gain clarity on developmental milestones, common challenges, and effective approaches to support inclusion and participation. Sessions include tailored resources for both educators and families, such as topic-specific guides, milestone charts, and actionable strategies, ensuring knowledge translates into meaningful practice. By the end of the session, participants will feel empowered to create environments that foster growth, resilience, and engagement for every child.
Environmental Assessment and Recommendations	A comprehensive assessment of your service's physical and human resources, classroom layout, and playground environments conducted by an experienced allied health professional. This process identifies opportunities to optimise existing spaces and materials for therapeutic benefit, ensuring alignment with developmental priorities. The screening includes a detailed report with practical, evidence-based recommendations on how to adapt and utilise resources to support inclusion and enhance learning outcomes. Custom-designed resources to complement services and strategies, including posters, flashcards, communication supports, schedules, and fact sheets can also be included. Each resource is tailored to your centre's needs and aligned with best practice.
Developmental Screening	An in-depth assessment of an entire cohort or a group of children, conducted by a qualified allied health professional. This process provides consolidated data on developmental strengths and challenges within a priority area, enabling targeted planning and intervention. Includes a summary report with insights to inform group programs and educator strategies.
Group Session Development	A customised intervention program designed by an allied health professional for a group of children, for implementation by educators. Each set of sessions includes a structured activity plan, step-by-step instructions, support materials, and outcome measures to track progress.
Group Therapy Sessions	Therapist-led therapy sessions delivered within the Early Childhood setting, targeting specific developmental areas. Educators are invited to participate, gaining hands-on experience and strategies to embed into everyday practice. <i>Delivered in a series, with flexible duration tailored to individual site preferences.</i>

Coaching, Consultancy & Capacity Building	Real-time, practical coaching delivered by an allied health professional within the classroom or remotely. Educators receive personalised guidance and strategies to address diverse developmental needs, supported by follow-up feedback sessions.
Family and Parenting Support (Family Focused Capacity Building)	Customised and interactive educational workshops facilitated by a qualified allied health professional that are designed to enhance families' and caregivers' understanding of critical developmental domains from a therapeutic perspective. Each session/workshop integrates evidence-based information with practical strategies that can be implemented within daily home routines. Participants will develop a comprehensive understanding of developmental milestones, typical challenges, and effective methods to promote a child's inclusion and active participation in family and community settings. Sessions offer customised resources for both families and caregivers, including specialised guides, milestone reference charts, and actionable recommendations, supporting the application of knowledge in everyday situations. Upon completion, participants will be equipped to foster home environments that support growth, resilience, and engagement for every child.
Travel	To be negotiated individually with each site, and reflective of therapist travel to/from the closest ESA site. Charged at the usual hourly rate.

1. Professional Development Sessions (for educators)

An interactive learning experience led by a qualified allied health professional, designed to deepen educators' understanding of a key developmental area through a therapeutic lens. Each session combines evidence-based insights with practical strategies that can be immediately applied in early learning environments. Educators will gain clarity on developmental milestones, common challenges, and effective approaches to support inclusion and participation.

Sessions include tailored resources for both educators and families, such as topic-specific guides, milestone charts, and actionable strategies, ensuring knowledge translates into meaningful practice. By the end of the session, participants will feel empowered to create environments that foster growth, resilience, and engagement for every child.

Associated Preschool Boost Support Category: Educator Upskilling

Session Description	Associated AEDC Domains	Fees
1.1 Sensory Processing Educators will gain a deeper understanding of sensory processing and its impact on learning & participation, while acquiring practical strategies to foster an inclusive education environment. <i>Key Objectives:</i> 1. Understand sensory processing and its role in development 2. Identify sensory challenges and red flags 3. Apply inclusive classroom strategies 4. Promote self-regulation through sensory supports By the end of this session, educators will feel confident in adapting environments and routines to support every child's sensory needs, fostering participation and wellbeing. Sessions are most beneficial when provided alongside educator coaching and group services Provided by: Occupational Therapist Duration: 90 minutes plus 30 mins preparation time Number of sessions: One Maximum number of attendees: 25	Physical health and wellbeing	\$390 plus travel ex GST

Session Description	Associated AEDC Domains	Fees
1.2 Social Skills Educators will unpack milestones of social engagement across the early years, and how these impact a child's participation at preschool. Facilitators will provide practical strategies to empower educators in facilitating social engagement of children navigating their preschool years. Key Objectives: 1. Understand social skill development and milestones 2. Identify barriers to social engagement 3. Implement strategies for inclusive social learning 4. Foster collaboration and peer relationships Educators will leave equipped to create environments that promote meaningful social connections, laying the foundation for lifelong interpersonal success. Provided by: Occupational Therapist Duration: 90 minutes plus 30 minutes preparation time Number of sessions: One Maximum number of attendees: 25	• Social competence • Emotional maturity	\$390 plus travel ex GST
1.3 Emotional Regulation Educators will explore the foundations of emotional regulation and its critical role in a child's ability to engage and learn. Facilitators will share practical strategies to help educators support children in recognising, expressing, and managing emotions, fostering resilience and positive participation in the preschool environment. Key Objectives: 1. Understand emotional regulation and its developmental stages 2. Support emotional literacy in everyday routines 3. Apply calming and coping strategies 4. Build resilience through responsive environments Educators will gain tools to foster resilience and emotional wellbeing, ensuring children thrive in a supportive and nurturing preschool environment. Provided by: Psychologist Duration: 90 minutes plus 30 minutes preparation time Number of sessions: One Maximum number of attendees: 25	• Social competence • Emotional maturity	\$390 plus travel ex GST

Session Description	Associated AEDC Domains	Fees
1.4 Understanding Child Behaviour Educators will gain insight into the underlying factors that influence challenging behaviours in young children and how these impact engagement and learning. Facilitators will provide practical strategies to help educators respond effectively and create supportive environments that promote positive behaviour and participation. Key Objectives: 1. Understand behavioural drivers and developmental context 2. Identify triggers and patterns 3. Implement proactive behaviour support strategies 4. Foster positive participation and engagement Educators will leave with confidence to manage behaviours constructively, promoting a calm and supportive learning space for all children. Provided by: Psychologist Duration: 90 minutes plus 30 minutes preparation time Number of sessions: One Maximum number of attendees: 25	• Physical health and wellbeing • Emotional maturity	\$390 plus travel ex GST
1.5 Managing Anxiety Educators will explore the signs and impacts of anxiety in young children and its effect on learning and participation. Facilitators will share practical strategies to help educators create a supportive environment where children feel safe to express emotions and develop coping skills, fostering confidence and engagement in the preschool setting. Key Objectives: 1. Recognise anxiety indicators and contributing factors 2. Apply calming techniques and routines 3. Foster emotional safety and resilience 4. Engage families in supporting anxious learners Educators will be empowered to reduce anxiety-related barriers, helping children feel secure and ready to learn. Provided by: Psychologist Duration: 90 minutes plus 30 minutes preparation time Number of sessions: One Maximum number of attendees: 25	• Physical health & wellbeing • Emotional maturity • Social competence	\$390 plus travel ex GST

Session Description	Associated AEDC Domains	Fees
1.6 Trauma-Informed Care Educators will gain an understanding of how trauma impacts a child's development, behaviour, and ability to engage in learning. Facilitators will provide practical strategies to create a safe, supportive environment that fosters resilience and emotional wellbeing for children who have experienced adversity. Key Objectives: 1. Understand trauma and its developmental impact 2. Apply trauma-informed principles in practice 3. Build empathy and sensitivity in responses 4. Foster resilience through supportive relationships Educators will leave equipped to create classrooms that nurture recovery and resilience, ensuring every child feels safe and valued. Provided by: Psychologist Duration: 90 minutes plus 30 minutes preparation time Number of sessions: One Maximum number of attendees: 25	• Emotional maturity • Social competence	\$390 plus travel ex GST
1.7 Self-Care for Carers Educators will explore the importance of self-care in sustaining their wellbeing and professional effectiveness. Facilitators will share practical strategies to help educators manage stress, maintain balance, and model healthy coping skills, creating a positive and supportive learning environment for children. Key Objectives: 1. Understand the role of educator wellbeing in child outcomes 2. Identify stressors and protective factors 3. Apply self-care strategies in daily practice 4. Foster a positive, balanced learning environment Educators will leave with tools to prioritise their wellbeing, creating a ripple effect of positivity and resilience for themselves and the children they support. Provided by: Occupational Therapist Duration: 90 minutes plus 30 minutes preparation time Number of sessions: One Maximum number of attendees: 25	• Physical health and wellbeing • Emotional maturity	\$390 plus travel ex GST

Session Description	Associated AEDC Domains	Fees
1.8 Fine Motor Skills Educators will explore the developmental importance of fine motor skills and their role in supporting early writing, self-care, and play. Facilitators will provide practical strategies and activity ideas to help educators embed fine motor development into play and everyday routines, fostering confidence and independence in young learners. Key Objectives: 1. Understand fine motor milestones and their impact 2. Identify early signs of motor challenges 3. Implement engaging fine motor activities 4. Support pre-writing and self-care skills Educators will leave ready to integrate fine motor skill-building into play and learning, fostering confidence and independence in young learners. Provided by: Occupational Therapist Duration: 90 minutes plus 30 minutes preparation time Number of sessions: One Maximum number of attendees: 25	• Physical health and wellbeing • Language & cognitive skills	\$390 plus travel ex GST
1.9 Language and Communication Educators will explore the foundations of language development and its impact on communication, learning, and social interaction. Facilitators will share practical strategies to support both expressive and receptive language skills, helping educators create rich, language-focused environments that foster confident communicators in the preschool years. Key Objectives: 1. Understand language milestones and communication needs 2. Apply strategies for expressive and receptive language 3. Create language-rich classroom environments 4. Support social interaction through communication Educators will leave equipped to nurture confident communicators, ensuring every child has the tools to connect, learn, and thrive. Provided by: Speech Pathologist Duration: 90 minutes plus 30 minutes preparation time Number of sessions: One Maximum number of attendees: 25	• Social competence • Language & cognitive skills - Communication skills	\$390 plus travel ex GST

Session Description	Associated AEDC Domains	Fees
1.10 Alternative Communication Approaches Educators will explore Augmentative and Alternative Communication (AAC) strategies and their role in supporting diverse communication needs. Facilitators will provide practical, evidence-based approaches to implement AAC options effectively, empowering educators to create inclusive environments where every child can express themselves and participate meaningfully. Key Objectives: 1. Understand AAC and its role in inclusive education 2. Identify appropriate AAC tools and strategies 3. Apply AAC in everyday routines 4. Foster participation and self-expression for all children Educators will leave confident in using AAC to ensure every child has a voice and can participate meaningfully in their learning environment. Provided by: Speech Pathologist Duration: 90 minutes plus 30 minutes preparation time Number of sessions: One Maximum number of attendees: 25	• Language & cognitive skills • Communication skills	\$390 plus travel ex GST
1.11 Gross Motor Skills Educators will explore strategies to support the development of gross motor skills and facilitative physical environments in diverse learners. Practical, evidence-based approaches will empower educators to create inclusive environments that promote physical movement and coordination. Key Objectives: 1. Understand the importance of gross motor skills in early childhood development and inclusive education 2. Identify appropriate activities and tools to enhance balance, strength, and coordination 3. Integrate gross motor skill development into everyday routines and play 4. Foster participation, confidence, and physical well-being for all children Educators will leave confident in implementing gross motor activities that ensure every child can move, play, and participate meaningfully in their learning environment. Provided by: Physiotherapist Duration: 90 minutes plus 30 minutes preparation time Number of sessions: One Maximum number of attendees: 25	• Physical health & wellbeing • Social competence	\$390 plus travel ex GST

2. Environmental Assessment

A comprehensive assessment of your service's physical and human resources, classroom layout, and playground environments conducted by an experienced allied health professional. This process identifies opportunities to optimise existing spaces and materials for therapeutic benefit, ensuring alignment with developmental priorities.

The screening includes a detailed report with practical, evidence-based recommendations on how to adapt and utilise resources to support inclusion and enhance learning outcomes.

Associated Preschool Boost Support Category: Educator Upskilling

Session Description	Associated AEDC Domains	Fees
2.1 Environmental Assessment Site visit and consultation assessment of the centre's physical environment, focusing on optimising conditions to enhance children's engagement, with attention to their physical health and motor skills, social and emotional skills, and general knowledge as aligned with the primary OECD domains. Collaborative consultation with the team to identify environmental strengths and challenges relating to physical health and motor skill development, as well as social and emotional growth. Observation of children and educators within the environment, with a focus on fostering positive social interactions, emotional regulation, and opportunities for motor skill practice. A report with recommendations is provided. Recommendations may include, for example, visual supports to assist children with communication vulnerabilities (supporting social and emotional skills), visual cues for toileting routines (supporting independence and self-care under physical health), arrangement and use of gross motor toys to enhance motor development and creating quiet zones to promote emotional regulation and well-being. Resources are developed to order and individually tailored. Custom-designed physical resources, such as posters, flashcards, communication supports, schedules, and fact sheets, are created to specifically complement your centre's programs and strategies. Each resource is customised to address the centre's unique needs and is directly aligned with the primary AEDC domains of physical health & motor skills, social & emotional skills, and general knowledge, ensuring best practice and targeted developmental support. Provided by: Occupational Therapist Duration: 2 hours consultation / site visit 2 hours for report and recommendations 1 hour resource creation	- Physical health and wellbeing - Social competence - Emotional maturity - Language & cognitive skills - Communication skills & general knowledge	\$975 plus travel ex GST

3. Developmental Screening

ESA's Developmental Screening uses clear, structured observations of how children play and manage everyday tasks at preschool and school. Educators and families receive easy-to-understand feedback and follow-up support. The service collects information about what children are doing well and where they may need more help, especially in groups that need extra support. This helps create plans and strategies that are targeted to these needs. The Developmental Screening from ESA checks how children play and do everyday things at preschool and school. Educators and families get easy-to-understand feedback and follow-up help.

The Developmental Screening is not a replacement for full medical or specialist assessments, or regular health checks like those from CaFHS. Instead, it's a practical and affordable way to spot common areas where groups of children might need extra help, particularly with getting ready for early learning and handling the move from preschool to school. Children's development is complex and all their skills, like movement, talking, social skills, and thinking, are connected and grow together.

Associated Preschool Boost Support Category: Educator Upskilling; Group Child Support

Session Description	Associated AEDC Domains	Fees
3.1 Developmental Screening Therapists will work with the onsite educators and site leaders, to determine the needs of the group, and the number of children identified for the screening program. Consent will be sought for children to participate in the screen process, and a letter provided to families, to explain the process and the purpose. Therapists will complete assessments on site, using a multidisciplinary screening tool. This will review all areas of development, aligned to the OEDC priority areas and AEDC developmental vulnerability. Following the screening, a report will be provided to the educators, highlighting areas of developmental concern for individual children, and the combined data for the group. Through a feedback conversation, next steps will be planned, including recommendations for supporting the minimisation of developmental concerns. These may include Educator upskilling, Group based child support or family focused capacity building sessions. Developmental Screening Provided by: Occupational Therapist or Physiotherapist or Speech Pathologist Duration: 1 hour pre-screening consultation (site visit) 2 hours screening (8 children) 2 hour data analysis and reporting 1 hour feedback session with educators Number of Participants: 8 *additional children can be added at a fee of \$50 per child	- Physical Health and Wellbeing - Social Competence - Emotional Maturity - Language and Cognitive Skills - Communication Skills and General Knowledge	\$1170 plus travel ex GST

4. Customised Group-Based Child Support

A customised intervention program designed by an allied health professional for implementation by educators. Each program includes a structured activity plan, step-by-step instructions, support materials, and outcome measures to track progress.

Associated Preschool Boost Support Category: Group Child Support; Educator Upskilling

Session Description	Associated AEDC Domains	Fees
4.1 Customised Group based child support Provided as a follow on from Developmental Screening, Customised group based child supports, provides a structured group program, to be delivered by educators within the ECEC environment. The services are individualised to the needs of the cohort and aligned to the AEDC domains identified through the screening process. This includes educator training and step by step guides to provide evidence informed approach to supporting children in reducing their developmental vulnerability. Sessions will cover a minimum of 8 weeks of support and can accommodate up to 8 children per group. Provided by: Occupational Therapist, or Speech Pathologist, or Psychologist, or Physiotherapist Duration: 5 hours development Educator training: 1 hour Program monitoring and review: 2 hours Number of participants: 8	- Physical Health and Wellbeing - Social Competence - Emotional Maturity - Language and Cognitive Skills - Communication Skills and General Knowledge	\$1,560 plus travel ex GST

5. Group Therapy Sessions

Therapist-led therapy sessions delivered within the service, targeting specific developmental areas. Educators are invited to participate, gaining hands-on experience and strategies to embed into everyday practice.

Delivered in a series, with flexible duration tailored to individual site preferences.

Associated Preschool Boost Support Category: Educator upskilling; Group child support

Group Description	Associated AEDC Domains	Fees
5.1 How do you play? Engaging, side-by-side therapy sessions for small groups of children and educators to explore play styles, their impact on the development of all other skills and how this can be organically supported in a child's natural environment at childcare, preschool and beyond! Each child will have a specific outcome to be achieved within the group, as identified through a needs assessment. A brief written summary will be provided at the conclusion of the sessions. Provided by: Occupational Therapist or Speech Pathologist Duration of sessions: 60 minutes plus preparation and feedback (90 mins total) Number of sessions: weekly for 8 weeks Number of children per therapist: 4	- Physical health and wellbeing - Social competence - Emotional maturity - Language & cognitive skills - Communication skills & general knowledge	\$2340 plus travel ex GST
5.2 Get in the zone: understand challenging behaviour Tailored developmental sessions to build understanding and confidence to unpack the "why" behind challenging behaviours and support positive emotional regulation for all children. Complimented by small group intervention, side-by-side modelling for educators or families, and tailored influence of evidence-based frameworks such as 'Zones of Regulation', 'The Alert Program' and interoception. Provided by: Occupational Therapist Duration of sessions: 60 minutes plus preparation and feedback (90 mins total) Number of sessions: weekly for 8 weeks Number of children per therapist: 4	- Social competence - Emotional maturity	\$2340 plus travel ex GST

Group Description	Associated AEDC Domains	Fees
5.3 Wrapping around: confidence in delivering trauma-informed care Therapist led, with Educator collaboration, to provide supports to small groups of children, focused on self-confidence, and regulation. Using a play-based approach, children and educators will be supported to navigate group dynamics, tricky situations and teamwork, through a trauma-informed lens. Shaped by best-practice & evidence-based Circle of Security principles. Provided by: Occupational Therapist or Psychologist Duration of sessions: 60 minutes plus preparation and feedback (90 mins total) Number of sessions: weekly for 8 weeks Number of children per therapist: 4	• Social competence • Emotional maturity	\$2340 plus travel ex GST
5.4 Communication and Beyond More than talking, more than words and grounded in best-practice & evidence-based Hanen principles, this small group support offers an opportunity for children to develop communication skills & explore engaging with their peers, while affording education for caregivers and support staff both on and off the floor. Provided by: Speech Pathologist Duration of sessions: 60 minutes plus preparation and feedback (90 mins total) Number of sessions: weekly for 8 weeks Number of children per therapist: 4	• Language & cognitive skills	\$2340 plus travel ex GST
5.5 Bridging Communication A side-by-side educational approach to review alternative communication practices and empower staff to see bespoke and evidence-based implementation of Augmentative & Alternative Communication (AAC) options for all children. Provided by: Speech Pathologist Duration of sessions: 60 minutes plus preparation and feedback (90 mins total) Number of sessions: weekly for 8 weeks Number of children per therapist: 4	• Communication skills & general knowledge	\$2340 plus travel ex GST

Group Description	Associated AEDC Domains	Fees
5.7 Resilient Kids The Resilient Kids session is psychologist led and designed to support preschool-aged children in managing anxiety and building resilience. Provided by: Psychologist Duration of sessions: 60 minutes plus preparation and feedback (90 mins total) Number of sessions: weekly for 8 weeks Number of children per therapist: 4	• Social competence • Emotional maturity	\$2340 plus travel ex GST
5.8 Little hands, Big Skills Small group sessions designed to encourage play-based exploration of fine motor skills imperative to drawing, writing, cutting, sticking and creating. Provided by: Occupational Therapist Duration of sessions: 60 minutes plus preparation and feedback (90 mins total) Number of sessions: weekly for 8 weeks Number of children per therapist: 4	• Physical health and wellbeing	\$2340 plus travel ex GST
5.9 On the Move! A developmental group with sessions targeting the facilitation of gross and fine motor skills through an evidence-based lens of play, wonder and exploration. Learn to move, create and grow in a small group setting with concurrent education for caregivers and support staff in real time and “off” the floor. Provided by: Physiotherapist Duration of sessions: 60 minutes plus preparation and feedback (90 mins total) Number of sessions: weekly for 8 weeks Number of children per therapist: 4	• Physical health and wellbeing	\$2340 plus travel ex GST
5.10 Nourish & Nurture – Mealtime Support Small group sessions to build the capacity of caregivers, support staff and children in accessing confident, calm and independent mealtimes. A combination of small-group intervention and educator support on and off the floor, grounded in the best-practice Responsive Feeding approach. Provided by: Occupational Therapist or Speech Pathologist Duration of sessions: 60 minutes plus preparation and feedback (90 mins total) Number of sessions: weekly for 8 weeks Number of children per therapist: 4	• Social competence • Physical health and wellbeing	\$2340 plus travel ex GST

6. Family and Parenting Support (Family Focused Capacity Building)

Customised interactive educational workshops facilitated by a qualified allied health professionals, designed to enhance families' and caregivers' understanding of critical developmental domains from a therapeutic perspective. Each session integrates evidence-based information with practical strategies that can be implemented within daily home routines. Participants will develop a comprehensive understanding of developmental milestones, typical challenges, and effective methods to promote a child's inclusion and active participation in family and community settings.

Sessions offer customised resources for both families and caregivers, including specialised guides, milestone reference charts, and actionable recommendations, supporting the application of knowledge in everyday situations. Upon completion, participants will be equipped to foster home environments that support growth, resilience, and engagement for every child.

Family focused capacity building sessions are recommended to be utilised alongside group sessions.

Associated Preschool Boost Support Category: Family and Parenting Support

Session Description	Associated AEDC Domains	Fees
6.1 Circle of Security Parenting Program A parent focused group to development and strengthen parent child attachment, build understanding and managing of behaviour and enhance the caregiver's skills capacity for self and co-regulation, increasing parental responsibility and supporting emotional development. Targeting the AEDC developmental vulnerability, this evidence-based program delivers immediate benefit to families and children across all life domains. This program can be delivered in person, or online. Provided by: Occupational Therapist Duration of sessions: 90 mins Number of sessions: 8 Number of participants: 8 families	- Physical health and wellbeing - Social competence - Emotional maturity - Language & cognitive skills - Communication skills & general knowledge	\$2340 plus travel ex GST
6.2 Supporting Development at Home Workshops Centre-based workshops for parents, designed to facilitate the transfer of targeted strategies into the home environment. Each workshop will be tailored to the cohort's needs and will focus on enhancing key AEDC domains such as social and emotional development, physical health and wellbeing, and cognitive skills. These sessions aim to empower families to support their children's learning and development at home by	- Physical health and wellbeing - Social competence - Emotional maturity - Language & cognitive skills - Communication skills & general knowledge	\$487.50 plus travel ex GST

integrating evidence-based approaches aligned with best practice. The workshops are intended to support the centre's goals of addressing developmental vulnerabilities and will be presented alongside educator training and small group sessions. Provided by: Occupational Therapist, or Speech Pathologist, or Psychologist, or Physiotherapist Duration: 90 mins presentation plus 60 minutes preparation time Frequency: Once Number of Participants: 25		
---	--	--

References

- Australian ADHD Professionals Association (AADPA). (2022). *Australian evidence-based clinical guideline for ADHD: summary of recommendations*. AADPA. <https://aadpa.com.au/guidelines/>
- Australian Government Department of Education [AGDE] (2022). *Belonging, Being and Becoming: The Early Years Learning Framework for Australia (V2.0)*. Australian Government Department of Education for the Ministerial Council.
- Jackman, Michelle, Sakzewski, Leanne, Morgan, Catherine, Boyd, Roslyn N, Brennan, Sue E, Langdon, Katherine, Toovey, Rachel A M, Greaves, Susan, Thorley, Megan, & Novak, Iona. (2022). Interventions to improve physical function for children and young people with cerebral palsy: international clinical practice guideline. *Developmental Medicine and Child Neurology*, 64(5), 536–549. <https://doi.org/10.1111/dmcn.15055>
- Moore T., Imms, C., Luscombe, D., SNAICC authors, Bonyhady, B, Dimmock, K., Deane, K, D'Aprano, A., & Kakoschke-Moore, S. (2025). *National Best Practice Framework for Early Childhood Intervention*. The University of Melbourne. Commissioned by the Commonwealth of Australia's Department of Social Services.
- Spina Bifida Association (2018). *Guidelines for the care of people with spina bifida*. Spina Bifida Association. <http://www.spinabifidaassociation.org/guidelines/>
- Whithouse, Andrew, Evans, Kiah, Eapen, Valsamma & Wray, John. (2018). A national guideline for the assessment and diagnosis of autism spectrum disorder in Australia: Summary and recommendations. *Autism CRC*. https://autismcrc.com.au/access/sites/default/files/resources/National_Guideline_Summary_and_Recommendations.pdf