

## **December school holidays**

## **Presents and Power**

Holiday season can be intense. Come to this group to learn key skills to help to communicate preferences and navigate social situations in family gatherings. You'll watch TV, eat snacks and make a present to take home too!

Age:

School age

Cost: \$270

Venue:

Early Start Australia, Vermont

Time:

Monday 22 December 2.00-3.30pm

**Funding:** 

**Private or NDIS** 

Develop self-advocacy skills and learn how to communicate your preferences at family gatherings and other holiday occasions. We'll be making a sensory present that you can take home to use to calm anytime you need it. We'll also vote on a short Christmas-related TV show to watch together while we share snacks.

## Clinicians will target the following goals:

- Sharing and thinking of others
- Communicating preferences and likes/dislikes
- Negotiating and advocating for themselves
- Sharing thoughts and ideas with the group
- Assertive language

Please inform us of any allergies or dietary requirements as we will be providing snacks.

## **Next Steps:**



Scan the QR code or click **here** to register. To discuss if this group is suitable for your child call us at **03 8802 4821** or email **vermont@earlystartaustralia.com.au.** 





<sup>\*</sup> If you are not a current client of ESA Vermont, you will be required to complete a group intake session.