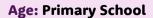
2025 Sepmber School Holiday Intensive Group Program

Build-A-Plate Mealtime Management

Join our playful preschool group where mealtime becomes a fun learning adventure! Through sensory play and hands-on activities, children will build their awareness and tolerance for a range of foods and textures.



Cost: \$204.76 per session

Venue: Early Start Australia,

Oakleigh

Time: 9.30 - 11.30am

Dates: 23-25th September

(inclusive)

Priority will be given to children who

can attend all 3 days

Funding: Private or NDIS

allocation

Next Steps: For enquiries or to register for this group click here, scan the QR code, call our clinic on 03 9024 0339 or email us at oakleigh@earlystartaustralia.com.

au

Early Start Australia | VIC | Oakleigh Level 2, 20 Atherton Road, Oakleigh oakleigh@earlystartaustralia.com.au

earlystartaustralia.com.au



Our Build-A-Plate mealtime management group aims to make mealtimes a positive experience for your child and family. Parents are recommended to attend this group with their child to support the development of:

- **Sensory preferences:** Through play, children will be exposed to different textures, smells and tastes
- **Executive functioning:** Developing a routine around mealtimes to support regulation and flexibility
- Positive food experiences: To encourage comfort and curiosity around food



