

September school holidays

Shopping & Chopping

A fun, hands-on group where kids learn real-life skills!



Age: 8+

Cost:

\$193.98 per session

Venue:

**Upper Mt Gravatt Clinic
Unit 3, 1990 Logan Rd,
Upper Mt Gravatt**

Time:

10:30am - 12:00pm

**Wednesday 24th September &
Wednesday 1st October**

In this group, children will:

- Plan a shopping list
- Go shopping for ingredients
- Make tasty snacks or simple meals

Along the way, children will build important life skills like:

- Managing money
- Buying items at the shops
- Preparing food with confidence

This group is neurodiversity-affirming and led by one of our friendly occupational therapists.

We also provide sensory spaces and tools to help kids feel calm and supported.

Funding: This service can be funded with NDIS group programs funding allocation.

Next Steps: For enquiries or to register for this group, email uppermtgravatt@earlystartaustralia.com.au or call our clinic on **07 5689 5604**.

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