## **Term 3 Group Programs**

## Level Up Social Club

This program is designed to support deeper emotional understanding, problem-solving skills and confident social leaderships skills, all while having fun with peers.

## **Age: Primary School**

Cost: \$156.26 per session

Venue: Early Start Australia, Oakleigh

Time: 4.15-5.15pm Monday Commencing 28/07/2025

Funding: Private or NDIS allocation

This group will focus on real-life challenges and teamwork through creative themes like experiments and gaming. Level Up Social Club is an extension of our previous Social Seekers program.

The program will target:

- Emotional regulation skills, including recognising complex feelings, practicing empathy, using self-regulation strategies and building resilience
- Leadership and communication skills such as active listening and clear speaking, asking questions, giving and receiving feedback
- Navigating respectful social interactions both online and offline

**Next Steps:** For enquiries or to register for this group <u>click here</u>, scan the QR code, or call our clinic on **03 9024 0339** or email us at **oakleigh@earlystartaustralia.com.au** 

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