

July school holidays

Balance and Basics Group

Support your child's growing independence and physical confidence in our Balance & Basics holiday group.



Age:
6-10 years

Cost: \$270 per a session

Venue:
**Early Start Australia,
South Morang Clinic**

Time:
10:00am - 12:00pm
Thursday 10 July 2025 and
Thursday 17 July 2025

Facilitated by experienced occupational therapists, this fun and supportive program is designed to help children build important life skills through engaging, hands-on activities.

Focus areas include:

- Developing independence in everyday tasks (ADLs)
- Strengthening balance, coordination, and body awareness
- Promoting confidence through movement and routines

Children will participate in evidence-informed activities that are playful, practical, and tailored to support functional development in a way that celebrates each child's individual strengths.

Limited spots available – contact us to register today!

Next steps:

Click [here](#) to register for this group. Or if you wish to discuss if this group is suitable for your child, please contact the clinic at southmorang@earlystartaustralia.com.au or call us on **1300 372 439**.

If you are seeking individual therapy, or no longer require services, please let us know so we can update your details on the waitlist.

Early Start Australia | VIC | South Morang

Unit 26/ 1 Danaher Drive, South Morang, VIC, 3752

southmorang@earlystartaustralia.com.au | **1300 372 439**

earlystartaustralia.com.au



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