

April school holidays

All Emotions Are Okay

Come and join our psychologist led program where children engage in fun and practical activities that promote emotional wellbeing and help them to develop healthy emotional habits.



Age:

8-11 years

Cost: \$353.06

Venue:

**Early Start Australia,
Springfield**

Time:

**Monday 7th of April
9 am - 11 am**

In this program we are working on building skills for:

- Social skills - communicating with peers, requesting, conversations with others, social rules in the community
- Personal safety
- Emotional Literacy and regulation
- Self-regulation

Things to bring:

- Water bottle
- Snacks

If you are interested to enroll/re-enroll:

Please click [here](#), scan the QR code, or contact Early Start Australia - Springfield to book. If you are new to this program, you may need to book an assessment to see if this group is suitable for your child.



Early Start Australia | QLD | Springfield

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