

# Sports & Games Club

**Wednesday 16th April 2025**

The Sports Club Program is a 90 minute program designed to teach, practice and play common school sports and playground games. Our physiotherapist and occupational therapist group leaders will coach participants to boost confidence and skill acquisition.

**Age:**

**8-12 years**

**Cost:**

**\$220 per session**

**Venue:**

**Early Start Australia, Ashmore**

**Time:**

**9:30-11:00am**

**In this program we work on skills for:**

- Joining in with peers during playground games and team sports.
- Learning movement skills for common sports.
- Ball skills: throwing, catching, bouncing, kicking.
- Confidence for trying new activities.

Please bring a drink bottle and hat. Support ratio is 1 therapist per 2 children. Sports & Games Club participants will meet at the Ashmore clinic then the therapists and children will walk to the park beside the Ashmore clinic to complete activities.

To express interest or register please either scan the QR code, click [here](#) or contact our Care Team on **1300 372 439** or email [ashmore@earlystartaustralia.com.au](mailto:ashmore@earlystartaustralia.com.au).



[earlystartaustralia.com.au](http://earlystartaustralia.com.au)

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